

Choices Psychotherapy welcomes child/adolescent therapist Carrie Snyder

St. Louis Park, MN (August 14, 2017) - Choices Psychotherapy is pleased to announce that Carrie Snyder, MSW, LICSW will join Choices Psychotherapy at the beginning of September 2017.

Susan Davis, LICSW owner and executive director of Choices Psychotherapy said: “While anxiety and sadness aren’t new phenomena among adolescents, there’s been a significant increase in the percentage of young people who have reported having a major depressive episode. Carrie’s experience will play an essential role in supporting a growing number of young people who are under-treated or not treated at all for their symptoms.”

Carrie Snyder will be working with children (3 and older), adolescents, adults, and families. She has extensive experience as a home-based family therapist specializing in autism spectrum disorders, sexual abuse, and general mental health concerns. She has been a school social worker in both general and special education settings. As a certified handler through Pet Partners, she can involve her dog, Adina, into therapy work with her clients.

“I believe in bringing resiliency and empowerment into people’s lives. I have found that the stories of our lives can be powerfully moving and entrapping. Since I was a child, I have always loved the Wizard of Oz. The characters eventually discover that they always had the brains, heart, and courage they thought were lost. Life is not as simple as clicking one’s heels three times to get back home, but much of my therapy style is about discovering strengths that we may have had all along,” Carrie Snyder said.

CARRIE SNYDER’S CREDENTIALS

BSW and MSW, University of Kansas, Lawrence KS (2008, 2009)
Animal-Assisted Therapy Handler (Pet Partners, 2013)

To schedule an appointment with Carrie Snyder, MSW, LICSW, call Choices Psychotherapy at 952-544-6806.

ABOUT CHOICES PSYCHOTHERAPY

At Choices Psychotherapy, we are committed to empowering clients and their families to identify positive life change through choice. Our comprehensive services are only strengthened by the addition of Carrie Snyder, MSW, LICSW to our team. For more information about Choices Psychotherapy, visit www.choicespsychotherapy.net or call 952-544-6806.

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