

Choices Psychotherapy announces platinum sponsorship agreement with Moms on the Run Minneapolis, MN (April 10, 2017) – Choices Psychotherapy (Choices), with offices on in the Minneapolis, MN area, is pleased to announce their platinum sponsorship agreement with Moms on the Run.

The sponsorship is intended for busy women of all ages (not just moms), to discover the path to understanding the importance of mental health and a healthy lifestyle of fitness.

Susan Davis, LICSW, owner and executive director of Choices Psychotherapy, said: “We are proud to be both associated and sponsoring Moms on the Run in their endeavors to inspire and transform women through a healthy lifestyle of fitness, fun, and friendship.”

“The whole team here at Choices will be cheering them on as they undertake this great challenge for a fantastic cause.”

The sponsorship activities will be taking place throughout the entire year. The highlight of the partnership will be the Annual Celebration Banquet and the 5K/10K Run Race Experience in the Minneapolis-St. Paul metro area in August 2017.

#### ABOUT MOMS ON THE RUN

Moms on the Run is a structured fitness program for women of all ages (not just moms) and fitness levels who want to get in shape -and have a fun time doing so. Moms on the Run encourage women across the country to lead healthier lives and to promote the next generation of healthy families.

#### ABOUT CHOICES PSYCHOTHERAPY, LTD.

Choices Psychotherapy helps individuals and families rediscover the joys of a healthy mind and healthy body. For more information about Choices Psychotherapy, visit [www.choicespsychotherapy.net](http://www.choicespsychotherapy.net) or call 952-544-6806.

#### MEDIA CONTACT:

Susan Davis, LICSW  
Choices Psychotherapy, Ltd.  
952-544-6806  
[sdavis@choicespsychotherapy.net](mailto:sdavis@choicespsychotherapy.net)  
[www.choicespsychotherapy.net](http://www.choicespsychotherapy.net)